



# DRESSAGE ASSESSMENT

Candidate Coach: \_\_\_\_\_ ECP Certification Level: \_\_\_\_\_ Date: \_\_\_\_\_  
 Assessors: \_\_\_\_\_ Location: \_\_\_\_\_  
 Rider: \_\_\_\_\_ Level Competing: \_\_\_\_\_ Scribe: \_\_\_\_\_  
 Horse: \_\_\_\_\_ Breed: \_\_\_\_\_ Age: \_\_\_\_\_

Evaluative marks (1 through 5) for standard of level:

1= below standard 2=approaches standard 3=acceptable standard 4=proficient at standard 5=exceeds standard

**1. Introduction and Safety Check** 1. \_\_\_\_\_  
 (Gather appropriate information on horse and rider, check fit of tack and helmet.)

**2. Supervises and assesses warm-up** 2. \_\_\_\_\_  
 (Identify strengths and weaknesses of horse and rider while watching/supervising the warm-up, appropriately prioritize which issues are the most important to address.)

**3. Appraise horse and rider and make a plan for improvement** 3. \_\_\_\_\_  
 (Observe and address elements of the Dressage Training Scale. Identify appropriate exercises or adjustments to improve horse and rider performance, make a plan to implement improvements, and effectively communicate plan to the rider.)

**4. Teach/Explain exercises or movements** 4. \_\_\_\_\_  
 (Choose and explain/teach exercises and movements appropriate to improve horse/rider. Explain the aids and progression of exercises. Make adjustments in rider position or use of aids as needed.)

**5. Implement improvements as the lesson progresses** 5. \_\_\_\_\_  
 (Assess quality and correctness of movements being performed, and use them too effectively improve the performance. Change the plan as needed to get the desired result. Teach dressage movements with sophistication meeting level standard as per the *USEA Eventing Handbook by the Level*.)

**6. Confirm performance** 6. \_\_\_\_\_  
 (Repeat exercises as needed or combine the exercises with other movements to confirm progress. Identify clearly for rider when improvements are made, and what issues still need to be addressed.)

**7. Conclusion** 7. \_\_\_\_\_  
 (Summarize the lesson in light of the goals for the overall improvement of the horse and rider. Get feedback from the rider to confirm understanding of the lesson. Identify what the rider and horse should work on going forward. Provide homework or plans for the next step.)

**8. Working alliance with rider** 8. \_\_\_\_\_  
 (Develop a good working relationship and two-way communication with the rider throughout lesson. Make sure rider understands the issues and recognizes improvements that were made.)

**9. Make a positive difference (Score of 3 or higher needed to pass).** 9. \_\_\_\_\_  
 (Make adjustments or teach exercises that improve the overall performance of the rider and horse, Or understand factors beyond the instructor’s control that prevent improvement.)

**10. Attend appropriately to safety throughout the lesson (Score of 3 or higher needed to pass).** 10. \_\_\_\_\_

Total ( \_\_\_\_\_ ) divided by number of assigned marks (10) Total \_\_\_\_\_

**PASS TEACHING PORTION OF DRESSAGE ASSESSMENT**    \_\_\_\_\_ YES    \_\_\_\_\_ NO