



CROSS-COUNTRY ASSESSMENT

Candidate Coach: _____ ECP Certification Level: _____ Date: _____
 Assessors: _____ Location: _____
 Rider: _____ Level Competing: _____ Scribe: _____
 Horse: _____ Breed: _____ Age: _____

Evaluative marks (1 through 5) for standard of level:

1= below standard 2=approaches standard 3=acceptable standard 4=proficient at standard 5=exceeds standard

1. Introduction and safety check 1. _____
 (Gather appropriate information on horse and rider, check fit of tack, safety vest, and helmet)

2. Supervises and assesses warm-up 2. _____
 (Identify strengths and weaknesses of horse and rider while watching/supervising the warm-up, including the quality of jumping canter and warm-up fences. Make a plan for the lesson.)

3. Teach or confirm the gallop and the rider position for cross-country 3. _____
 (Teach purpose and positions for XC galloping and jumping preparation period. Assist rider with seat and aides for XC, confirm or improve quality of canter/gallop.)

4. Choose XC exercises and progression of fences appropriately and safely 4. _____
 (Choose fence size and difficulty appropriate for horse/rider. Demonstrate understanding of appropriate progression and difficulty of XC obstacles, pace, distance, and how to avoid risk.)

5. Teach/explain XC fences and questions 5. _____
 (Effectively explain/teach how to negotiate different types of XC fences, and pace and balance needed for each. Assist rider in analyzing jumps in advance. Attend to rider position and quality of jumping canter/gallop Demonstrate understanding of how pace and fences affect the horse.)

6. Implement Improvement during XC lesson 6. _____
 (Use a knowledgeable progression of XC exercises to make improvements. Combine XC questions into a series or course, if appropriate, or utilize additional types of XC jumps. Clearly identify to rider improvements made. Teach XC lesson with sophistication meeting level standard as per the *USEA Eventing Handbook by the Levels*.)

7. Conclusion 7. _____
 (Summarize the lesson in light of the goals for the overall improvement of the horse and rider. Get feedback from the rider to confirm understanding of the lesson. Assist rider in analyzing their XC ride. Identify what rider and horse should work on going forward.)

8. Working alliance with rider 8. _____
 (Develop a good working relationship and two-way communication with the rider throughout lesson. Makes sure rider understands the issues and recognizes improvements that were made.)

9. Make a positive difference (Score of 3 or higher needed to pass) 9. _____
 (Make adjustments or teach exercises that improve the overall performance of the rider and horse, or understand factors beyond the instructor's control that prevent improvement.)

10. Attend appropriately to safety throughout the lesson (Score of 3 or higher needed to pass) 10. _____

Total (_____) divided by number of assigned marks (10) **Total** _____

PASS TEACHING PORTION OF CROSS-COUNTRY ASSESSMENT _____ **YES** _____ **NO**